



Discovery Family Counseling Services, LLC

712 13th St South, Great Falls, MT 59405

406-761-4150

www.discoveryfamilycounseling.net



Parenting Class Information & Registration

Circle of Security Parenting (Ages Birth-5)

What is it?

Circle of Security Parenting (COS-P) is an 8-week parenting program designed to strengthen the parent-child relationship for young children. This program is designed for parents of children ages birth through 5 years.

Who can attend?

Any parent or caregiver who is interested in learning more about having a more secure relationship with your child.

Nurturing Parenting (Ages 5-17)

What is it?

Nurturing Parenting (NP) is a 12-week program designed to teach parents how to nurture their children while maintaining a structured home environment. This curriculum looks at alternatives to corporal punishment to help children learn to be self-disciplined. This program is designed for parents or caregivers of children ages 5-17.

Who can attend?

Any parent or caregiver interested in more information about family relationships and common behavior problems.

When/where are classes held?

Classes are held in the evenings, once per week, for 1.5 hours, 8 weeks for COS-P and 12 weeks for NP.

Classes are held at the Discovery Family Counseling office 712 13th St S. New classes start several times throughout the year. Call 761-4150 or check out our website www.discoveryfamilycounseling.net for the next start dates. We will call those registered to confirm the start date

What does it cost?

There is no charge to participants for group classes. Classes are funded by grants provided through Alliance for Youth. Thank you to these financial supporters of the classes: Montana Children's Trust Fund, United Way of Cascade County, and Dennis & Phyllis Washington Foundation.

What if I need to miss a class?

Course content builds on previous lessons, so attendance is important. If you need to miss a class, please make prior arrangements to schedule a make-up. Participants are allowed 1 make-up class.

What if I don't have childcare?

We can furnish childcare with prior notice. Please contact the Discovery Family Counseling office at 406-761-4150 to make arrangements.

** Parents may also arrange to pay for individual classes for a fee, call for details.

Name _____ Date of Birth _____ Phone _____

Address _____ Zip Code _____

How did you hear about the program? _____

What are the ages of your children? _____

What Class are you interested in attending? Today's date: _____

Circle of Security Parenting (Birth-5yrs) Nurturing Parenting (Ages 5 - 17)

TO REGISTER:

PLEASE COMPLETE AND MAIL (Or drop off) THE BOTTOM SECTION OF THIS FORM TO THE BELOW ADDRESS:

Discovery Family Counseling Services
712 13th Street South
Great Falls, MT 59405

Completed forms may also be emailed to bobbie@discoveryfamilycounseling.net.