



Discovery Family Counseling Services

712 13th St South
Great Falls, MT 59405
406-761-4150



Parenting Class Information & Registration

Circle of Security Parenting (Ages Birth-5)

What is it?

Circle of Security Parenting (COS-P) is an 8-week parenting program designed to strengthen the parent-child relationship for young children. This program is designed for parents of children ages birth through 5 years.

Who can attend?

Any parent or caregiver who may be struggling with the relationship aspect with your child or children.

Nurturing Parenting (Ages 5-11)

What is it?

Nurturing Parenting (NP) is a 15-week program designed to teach parents how to nurture their children while maintaining a structured home environment. This curriculum looks at alternatives to corporal punishment to help children learn to be self-disciplined. This program is designed for parents or primary caregivers of children ages 5-11.

Who can attend?

Any parent who would like to learn about improving relationships within the family or how handle common behavior problems is encouraged to attend.

When/where are classes held?

Classes are held once per week, for 1.5 hours, 8 weeks for COS-P and 15 weeks for NP. Classes are held at the Discovery Family Counseling office 712 13th St S. New classes start several times throughout the year. We will call you when your class has been scheduled to inform of the date/time.

What does it cost?

There is no charge to participants for group classes. Classes are funded by grants provided through Alliance for Youth and/or the Great Falls Early Childhood Coalition. Thank you to these financial supporters of the classes: Montana Children's Trust Fund, General Mills Foundation, United Way of Cascade County, Better Way Foundation, and Benefis Foundation.

What if I need to miss a class?

Course content builds on previous lessons, so attendance is important. If you need to miss a class, please make prior arrangements to schedule a make-up. Participants are allowed 1 make-up class.

What if I don't have childcare?

We can furnish childcare with prior notice. Please contact the Discovery Family Counseling office at 406-761-4150 to make arrangements.

Name _____ Date of Birth _____ Phone _____

May we leave a message? YES NO

Address _____ Zip Code _____

How many children do you have and what are their ages? _____

What Class are you interested in attending?

Circle of Security Parenting (Birth-5yrs) Nurturing Parenting (5-11yrs)

TO REGISTER:

PLEASE COMPLETE AND MAIL (Or drop off) THE BOTTOM SECTION OF THIS FORM TO THE BELOW ADDRESS:

Discovery Family Counseling Services
712 13th Street South
Great Falls, MT 59405

Completed forms may also be emailed to info@discoveryfamilycounseling.net.